



SREE BALAJI DENTAL COLLEGE AND HOSPITAL
BHARATH INSTITUTE OF HIGHER EDUCATION AND RESEARCH
VELACHERY ROAD, NARAYANAPURAM, PILLAIKARNAI, CHENNAI 100



DEPARTMENT OF PAEDIATRIC AND PREVENTIVE DENTISTRY

Proudly Presents

SLEEP DENTISTRY UNPLUGGED

A Holistic Approach

2 DAYS WORKSHOP

DATE

16TH AND 17TH JULY 2026

VENUE

**AUDITORIUM,
SREE BALAJI DENTAL COLLEGE
CAMPUS**

Because every healthy smile begins with a healthy breath.

PROGRAM SCHEDULE

DAY 1

8:30 AM - 9:30 AM

REGISTRATION & INAGURATION

AUDITORIUM, SREE BALAJI DENTAL COLLEGE



LECTURE 1- 9:30 AM TO 10:45 AM

BREATHE THE RIGHT WAY

M. Gomathy

Breathwork Therapist



BREATHING THE RIGHT WAY: HANDS-ON AIRWAY OPTIMIZATION

10:45 AM TO 11 AM - TEA AND SNACKS BREAK

LECTURE 2- 11 AM TO 12: 30 PM

PEDIATRIC OSA

Dr. Santhosh Kumari

Pedodontist and Implantologist

Specialist in oro facial pain, TMJ, Sleep Medicine



PROTOCOLS FOR OSA ASSESSMENT

12:30 PM TO 1 PM - LUNCH BREAK

LECTUE 3- 1: 15 PM TO 2:30 PM

TONGUE – THE MODULATORS OF JAWS

Dr Padminee Krishnan

MDS, FMPS, TOTs trained

Founder - Giggles & Grins



OROFACIAL MYOFUNCTIONAL THERAPY (OMT) EXERCISES

2:30 PM | QNA SESSION



PROGRAM SCHEDULE

DAY 2



LECTURE 4- 9 AM TO 10:30 AM

RME FOR AIRWAY AND SLEEP PERSPECTIVE

Dr. Kranthi Kumar Reddy

MDS, Pedodontics

Founder- Children's Dentistry and Dental Sleep Care

10:30 AM TO 10:45 AM - TEA AND SNACKS BREAK



LECTURE 5- 10:45 AM TO 12 PM

CEPHALOMETRICS & MODEL ANALYSIS FOR OSA

Dr. Jeevarthan J

MDS, Pedodontics

Professor, Sree Balaji Dental College and Hospitals



MODEL ANALYSIS AND CEPHALOMETRIC TRACINGS



LECTURE 6- 12 PM TO 1 PM

OSA- AN ENT PERSPECTIVE

Dr. Karthik Madesh

MBBS , MS- ENT,
SIMS HOSPITALS

1 PM TO 1:30 PM - LUNCH BREAK

1:30 PM TP 3 PM | CASE DISCUSSION



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REGISTRATION DETAILS



REGISTRATION FEE - 2500 /-

(Fee includes Registration kit, Hands on activity kit, Refreshments, Lunch and Certificates)



16th and 17th July 2026, Thursday & Friday



9:00am to 3:00pm



SBDCH Auditorium

FOR REGISTRATION



SCAN
ME!

<https://forms.gle/g8TgGkNtPBPj64TG7>

GROUP REGISTRATION

Discount on registration fee for group of 5 or more

CONTACT REGISTRATION TEAM

Dr. Pranav- 9382829999



CONTACT US

FOR REGISTRATION RELATED QUÉRIES

DR. PRANAV- 9382829999

DR. GOPIGA- 7540005118

FOR PAYMENT RELATED QUERIES

DR. MEDLYN- 6369490409

DR. KAVIYA- 8939539109

CO-ORDINATORS

DR. JEEVARATHAN.J DR. JANANI VINODHINI.N.C DR. MADHUMITHA.M DR. RAMYA.M DR. ISHWARYA DHEVI.G.R DR. AMUTHA.M.V.SOORYA



DR. J. SRINISHA
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Managing Director



DR. S. BHUMINATHAN
Registrar



DR. M.S. KANNAN
Dean



DR. PONNUDURAI A
Head of the Department
Pediatric and Preventive Dentistry

