

SPEAKER



KATHERINE DAVID

B.Sc Psychology

M.Sc in Applied Psychology

Diploma in Integrated Counselling Skills



1st, September 2022



1:00pm to 2:00pm



Auditorium, SBDCH

FOR ENQUIRY
CONTACT

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SREE BALAJI DENTAL COLLEGE AND HOSPITAL CHENNAI

(BHARATH INSTITUTE OF HIGHER EDUCATION & RESEARCH)

DENTAL EDUCATION UNIT
&
INTERNAL QUALITY ASSURANCE CELL

PRESENTS

UNDERSTANDING & RESPONDING TO MENTAL HEALTH CHALLENGES OF STUDENTS

HIGHLIGHTS

1. Understanding mental health
2. Stigma around Mental Health
3. Identifying early warning signs of Mental Health Challenges
4. Maintaining positive Mental health (practical tips and suggestions)
5. Understanding when to encourage the student to seek professional help



DR. J SRI NISHA
CHAIRPERSON



DR. S BHUMINATHAN
REGISTRAR, BIHER



DR. S JIMSON
PRINCIPAL, SBDCH